



Chasing The Word: The **Red** Letters

Matthew 4:18-22; Mark 1:16-20

Mt 4:19; Mk 1:17

Pray: As I begin to read Your Word, O God, I pray the prayer of Samuel – “Speak Lord, for your servant is listening.” I invite you to open my mind, my heart and my ears, that I might know you deeper.

Read: As you slowly read the verse, listen for a word or phrase that is addressed to you. Maybe something that stirs you or even makes you uncomfortable. Write it down here.

Reflect: Read the verse again. Is there an image or feeling that sticks with you? What in my life needs to hear this word or phrase? Be honest with yourself. Let the Holy Spirit guide you. Describe it here.

Respond: Read the verse again. This time, ask the Holy Spirit if there is an invitation in this word or phrase for you today. Write it here.

Rest: Read the verse one last time. Now hold the word or phrase as you rest.
Thank God for this gift today.

Resolve: As an action step – carry this gift with you into the rest of your day. Use the space below to journal about that experience.

In what ways were you challenged?

In what ways were you encouraged?

For further study:

- Luke 5:1-11
- John 1:35-42