



## Chasing The Word: The **Red** Letters

If you've been with us for any of our previous studies, you might notice that this one is quite different from the rest. In this study, instead of prompting you with questions *we* had about the text, we're prompting *you* with questions that will lead you further *into* the text. This type of scriptural reading is called *Lectio Divina* or *Sacred Reading*. It is a form of deeper communion with the Holy Spirit and a journey into listening for the Holy Spirit's voice within your own life.

The origins of *Lectio Divina* date as far back as the 4<sup>th</sup> century monastic traditions among the Desert Fathers and Mothers. With the Benedictine order in the 6<sup>th</sup> century, it became a central monastic practice. The formalization of the practice (step by step guidance) is attributed to a monk in the 12<sup>th</sup> century named Guigo II, a Carthusian monk.

In more recent years its resurgence has shown widespread use and has become a beloved "practice" with laypeople in almost every denomination.

Our prayer, at Compassion Radio is that through this spiritual practice you will find a new and deeper way to connect with God's word.

Many Blessings,  
Bram and Sandi