



Psalm 130

Explain the Context:

From your reading provide a short answer to the following:

What is the theme of these verses?	What is the BIG Idea?
What is something that surprised you?	What are these verses <i>not</i> saying?

Take a moment to consider these questions:

- 1) Why do you think a cry for help would be sung so close to the end of the pilgrim's journey?

- 2) Verses 4 - 6 are a reminder of God's abundant forgiveness. There is an expectancy in the tone. In what way does this bring comfort after verse 3?

3) In the Passion Translation, verse 7 is a strong admonishment to “keep hoping, keep trusting and keep waiting on the Lord...He has a thousand ways to set you free”. In difficult times, do you find this to be a difficult thing to do? How do you hold on to hope?

4) Many times, on “Chasing the Word”, we talk about putting our own name in the verses we read. Do this for Psalm 130. Write it here:

Apply the Scripture

Write the verse that stood out to you while reading [in this translation or your favorite].

How does this verse challenge you? Does it reveal an attribute of God's character?

For further study:

- Jonah 2:2-5
- Daniel 9:9
- 1 John 2:1
- Deuteronomy 5:29
- Romans 2:4
- Lamentations 3:25